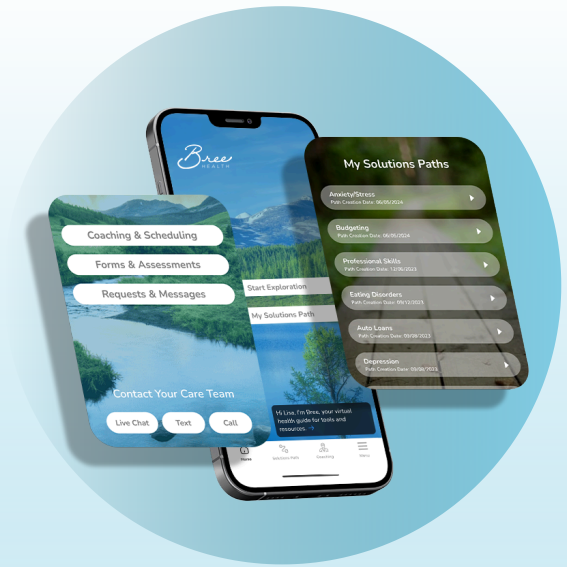




Barrier-Free Access to Personalized Mental Health Solutions

Get seamless access to expert care, resources, and personalized support—whenever and wherever you need it.



Bree Health offers a comprehensive range of services designed to support your mental health and well-being. Our goal is to make accessing care as easy and effective as possible, so you can focus on what matters most.

→ Certified Life Coaching & Counseling

Access to Certified Life Coaching & Counseling for a variety of personal and professional needs, including managing stress, career growth, relationship challenges, and family matters.

→ Health Advocacy

Get expert support navigating healthcare, from finding providers and managing billing issues to understanding insurance benefits and making informed care decisions.

→ Solutions Paths

Get personalized Solutions Paths with step-by-step guidance, tools, and resources tailored to your needs. These paths adapt as you progress, providing continuous support to reach your goals.

→ Bree Video Library

Access guided meditations, relaxation videos, educational content, and weekly mood-boosting insights to enhance your focus and refresh your mind.

→ CBT AI Resources

AI-driven cognitive behavioral therapy tools that offer personalized strategies to improve mood, enhance coping skills, and navigate everyday emotional challenges.

→ Barrier-Free, 24/7 Access

Enjoy barrier-free access to all resources anytime, anywhere, through our user-friendly app or web platform, ensuring that reliable support is always available when you need it.

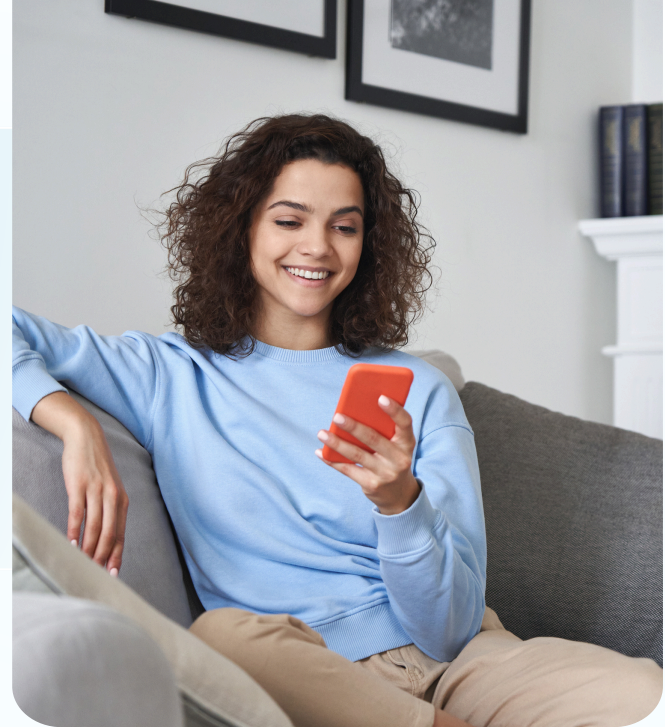
→ Life Skills & Strategies

Find tools and strategies to help with time management, stress reduction, goal setting, and staying organized—empowering you to handle responsibilities at work and home.

EFFORTLESS ACCESS TO EXPERT COACHING AND MENTAL HEALTH SUPPORT

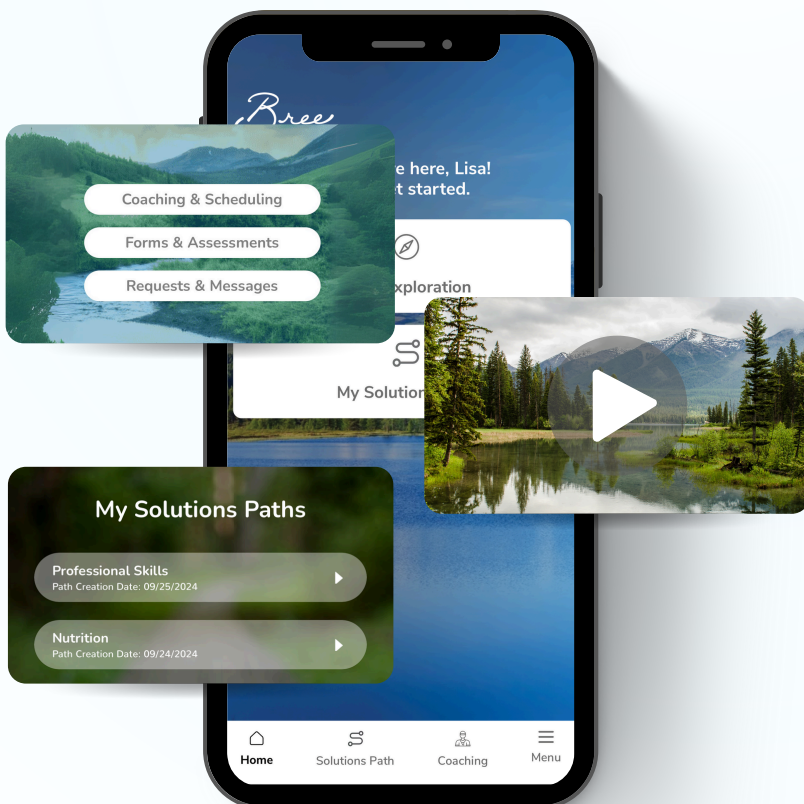
DISCOVER THE POWER OF THE BREE HEALTH APP

Take control of your mental health and well-being with the Bree Health App—your all-in-one solution for personalized, barrier-free access to essential support services. Whether you're managing stress, seeking mental health guidance, or navigating life's everyday challenges, our app is designed to make care effortless, accessible, and personalized to your needs.



CONFIDENTIAL ASSISTANCE

We ensure that your information and identity is kept completely confidential - even from your employer. Exceptions occur only when members are at risk of harming themselves or others or when the welfare of a child is in question.



BEGIN YOUR JOURNEY TO TOTAL WELL-BEING TODAY



COMPANY ID:

Visit login.breehealth.com or scan the QR code to download the app and take the first step toward a more balanced and fulfilling life.