



Support for Domestic Violence & Abuse

You're Not Alone—
Confidential Help Is
Available




If you or someone you know is experiencing relationship abuse—whether physical, emotional, financial, or verbal—Bree Health is here to help. We provide confidential support, practical tools, and guidance to help you navigate next steps and find safety.

- **Confidential Counseling Support:** Speak with licensed counselors who understand the emotional and practical challenges of abuse, control, and trauma.
- **Life Coaching & Recovery Tools:** Build confidence, set boundaries, and regain control with the support of Certified Life Coaches.
- **Legal & Financial Guidance:** Access legal consultation, safety planning tips, and financial resources to support decision-making and independence.
- **Support for Loved Ones:** Find tools and support to help loved ones recognize red flags and offer compassionate support without judgment.

Log in through the Bree Health app for confidential resources and guidance.



 (800) 327-2255

 login.breehealth.com

 Mobile App: Bree Health