



Substance Abuse Support




Overcoming substance use challenges takes courage, and Bree Health is here to provide confidential, 24/7 support to help you or a loved one on the path to recovery.

- **Assessment & Referral:** Our intake team conducts a thorough assessment and connects you with the right treatment programs or specialists.
- **Confidential Counseling:** Access private, judgment-free counseling sessions to address substance use concerns without fear of stigma.
- **Support for Families:** Eligible family members can receive coaching, counseling, and resources to help them navigate the impact of a loved one's substance use.
- **Virtual Concierge Assistance:** Get educational materials on substance use, recovery options, and local support group recommendations.

Log in to the Bree Health Mobile App for additional resources.



 (800) 327-2255

 login.breehealth.com

 Mobile App: Bree Health