



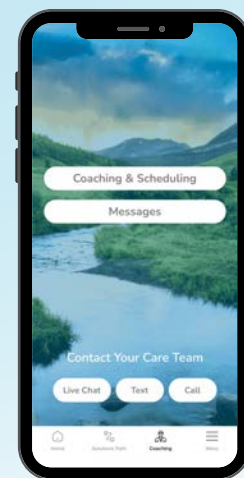
Grief & Trauma Support




We can never be fully prepared for traumatic events or sudden loss, and everyone processes these experiences differently. Bree Health provides compassionate, confidential support to help you navigate the emotional challenges that come with grief and trauma.

- **Immediate Professional Support:** Connect with a certified coach or counselor for guidance and emotional relief.
- **Flexible Counseling Options:** Access free support sessions through video, phone, or in-person counseling to fit your needs.
- **Personalized Resources & Tools:** Gain 24/7 access to expert-driven well-being resources through Bree Health's online platform and mobile app.
- **Confidential & Convenient:** Get the help you need in a way that works best for you, with discreet and secure support anytime.

Access Barrier-Free Mental Health Resources via the Mobile App.



 (800) 327-2255

 login.breehealth.com

 Mobile App: Bree Health