


# Experience Well-Being at Your Fingertips



Take control of your mental health and well-being with Bree Health—your all-in-one solution for expert support, resources, and personalized care. The app makes it easier than ever to access professional coaching, expert guidance, and essential life services whenever you need them.

- ▶ **Certified Life Coaching & Counseling**  
Certified support for personal and professional growth
- ▶ **Health Advocacy**  
Navigate healthcare, find providers, and manage insurance
- ▶ **Solutions Paths**  
Step-by-step guidance tailored to your well-being needs
- ▶ **Legal & Financial Resources**  
Free consultations and expert advice
- ▶ **Bree Video Library**  
Relaxation videos, meditations, and educational tools
- ▶ **Virtual Concierge**  
Assistance with travel, dining, childcare, and more
- ▶ **Exclusive Discounts**  
Special savings on entertainment, shopping, and travel

 (800) 327-2255

 [login.breehealth.com](https://login.breehealth.com)

 Mobile App: Bree Health

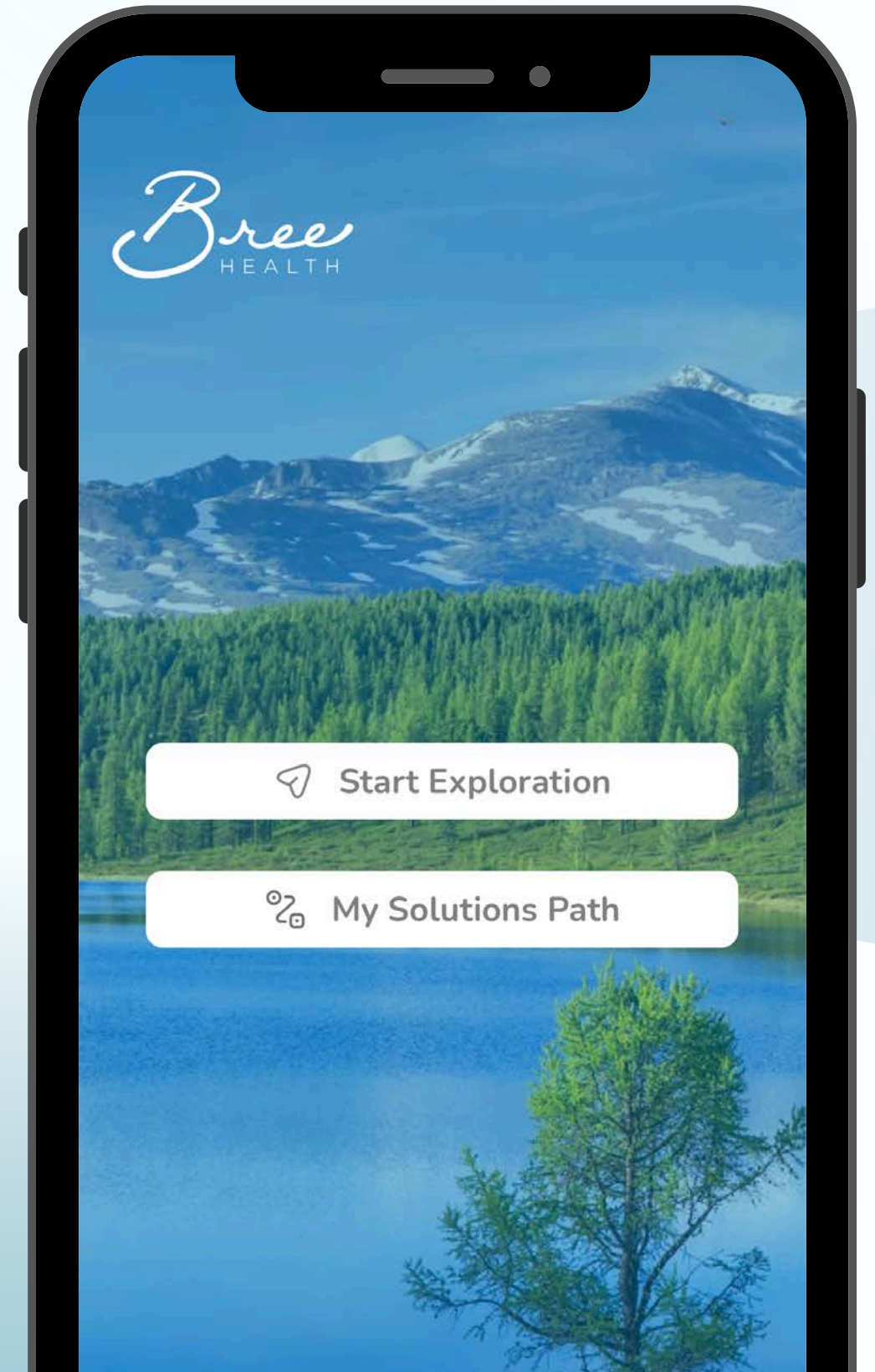


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