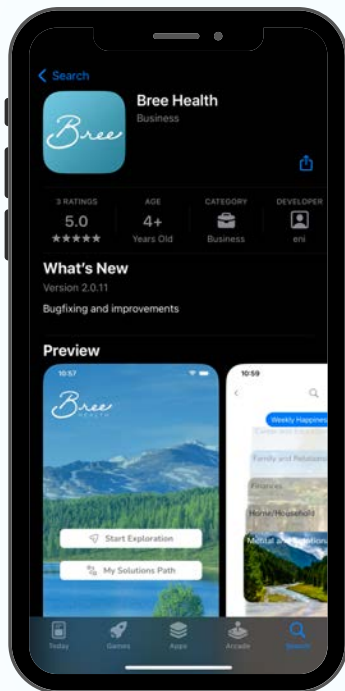




# How to Access the Bree Health Mobile App

**Bree Health provides convenient access to Certified Life Coaching, well-being tools, and expert resources—all from your mobile device.**



1


Scan this QR code with your phone's camera to be taken directly to the app's download page.




Alternatively, you can visit the Apple App Store or Google Play Store and search for "Bree Health."

2

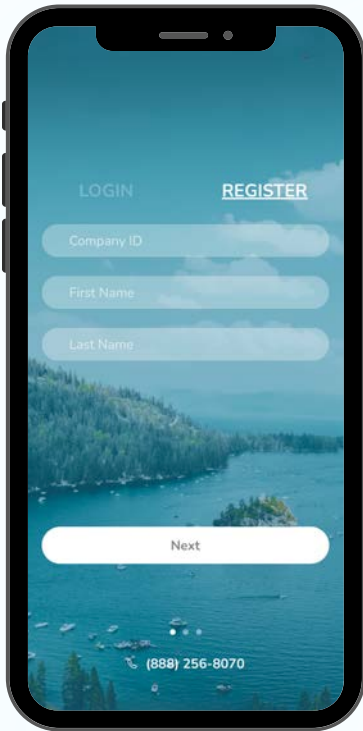
Follow the on-screen instructions on your device to download the app. Once it is downloaded, you can proceed to the next step, Registration.

 (800) 327-2255

 [login.breehealth.com](https://login.breehealth.com)

 Mobile App: Bree Health

## Register for the App



1

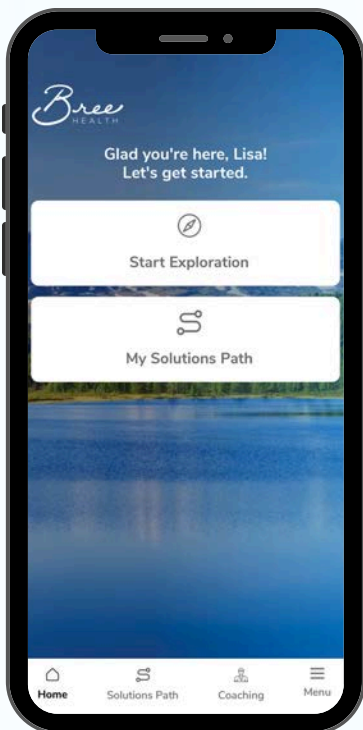
Open the app and click "Register" at the top of the screen.

2

In the indicated fields, enter your Company ID, your first name, and last name. Click "Next" at the bottom to continue the registration process.

3

On the next screen, enter your email and create your password. Your password must be a minimum of 8 characters, with at least one numeric character, one uppercase character, and one special character. You will use this email and password to log in going forward. When you are done, click "Next."



4

For the last part of Registration, add your personal demographics in the indicated fields. This data is 100% confidential, protected, and will not be shared. These demographics allow us to determine eligibility and enable us to provide the best level of care. Click "Submit" when you are done.

5

Now that you've registered, log in to access your dashboard. From there, you can start exploring Solutions Paths or use the menu to navigate services like Certified Life Coaching, Counseling, and Work/Life Support—all in one place.